

For more details, and to enter the competition visit:  
<https://www.cccgt-ahm.org/2024ahmcompetitions>

**Submission deadline is October 11, 2024 at 11:59 pm.**

# ASIAN HERITAGE MONTH DANCE COMPETITION

A complete guide to entering the competition



大多倫多中華文化中心  
Chinese Cultural Centre of Greater Toronto



Ontario

Ministry of Education



REACH EVERYONE.

# ASIAN HERITAGE MONTH

## Dance Competition Criteria

### Grade Categories:

#### 1. Grade 9 to 10 high school students

- First prize winner receives \$500 cash reward
- Finalists will be invited to do a live performance during the awards ceremony

#### 2. Grade 11 to 12 high school students

- First prize winner receives \$500 cash reward
- Finalists will be invited to do a live performance during the awards ceremony

### Criteria Summary:

- A recorded dance routine, maximum of 5 minutes in duration
- The submission must include a title and a 200 word synopsis with the recorded dance routine
- A selected group of finalists will be invited to perform an extended version of their dance routine live in-person (5 to 10 minutes in duration)
- Please see ***Competition Rules and Regulations/Submission*** below for full competition details

### Objective:

The goal of this competition is to encourage students to explore and connect to their own feelings regarding their national and cultural identity using the celebration of Asian Heritage Month as a catalyst to express these feelings through an interpretive dance routine.

### Here are some themes to guide students' performances:

- Humour
- Culture
- Self-Identity
- National Identity
- Growing up as Asian Canadian, Growing up with Asian Canadians
- Hope
- Dreams
- Feelings
- Concerns
- Key Asian Canadian figures
- Historical Events

# ASIAN HERITAGE MONTH

## Competition Rules and Regulations/Submission:

1. This competition is open to students from grades 9-12. One winner will be picked for each of the grade categories and will be rewarded \$500 cash prize money.
2. If selected, a group of finalists will be invited to do a live in-person performance of their dance routine (must not exceed 10 minutes) where the winners will be announced.
3. Each contestant may **submit only one dance routine**. Class or group submissions are allowed but are limited to **one submission per class or group**.
4. A title, description/synopsis of less than 200 words must be included in a Word document. If part of a group or class, the group name and a list of all group members (first and last names) must be included in this document.
5. The online video submission must not exceed 5 minutes in length.
6. Online submissions must be in MOV or MPEG format with audio.
7. Acceptable resolutions for submissions are 720p and 1080p. 4K not accepted.
8. All dance routines must be created and performed independently by the contestant or group (class) and will be deemed original works.
9. Plagiarism, which includes the use of third-party or another person's ideas, without written permission or proper acknowledgment, will result in disqualification.
10. The use of songs containing expletive words (swear words), excessive violence, sex or religious extremism, may result in disqualification at the discretion of the judges.
11. Performances deemed inappropriate due to the portrayal of excessive violence, sex or religious extremism, may result in disqualification at the discretion of the judges.
12. **Submissions:**
  - A. Each contestant must fill out and submit a **Competition Entry Form** and **General Release for Minors** form with their video and Word document.
  - B. If submitting as a class or group, **all members** must complete the **Competition Entry Form** and the **General Release for Minors** form. Select one group member to be the spokesperson and submit the Word document and dance routine video in the correct format.
13. Contestants must name all of their files including the **Competition Entry Form** and **General Release for Minors** form in the following format:  
**"PROJECTTITLE\_FIRSTNAME\_LASTNAME\_AGE\_GRADE\_EMAIL"**  
*Example: "ASIANHERITAGEMONTH\_RORY\_JORDAN\_16\_11\_RORYJORDAN@EMAIL.COM"*
14. Submissions must be uploaded to the following link:  
<https://justinpoy.sharefile.com/r-rdd66616e9a4d4d6084cc60f1d85b9f2a>
15. All entries are **FINAL**.
16. The decisions of the judges are entirely their own, and are final.
17. **Submission deadline is October 11th, 2024 at 11:59 pm.**
18. Finalists selected to do a live in-person performance will be announced and notified by October 31st, 2024.
19. The award ceremony and in-person performances will be on November 15th, 2024.

ASIAN HERITAGE MONTH

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